KANGEN WATER® USES

Lower than 2.7 pH	4.0 pH to 6.5 pH	7.0 pH	8.0 pH to 9.5 pH	11.5 pH
Strong Acidic Water	Acidic Water	Clean Water	Healthy Alkalised Water	Strong Alkalised Water
Do not use as Drinking Water	Water for Beauty/Skin	Neutral pH	Best for Drinking	Environmentally Friendly Water
Sanitary Water	For Cleaning Various Things	Safe for Drinking	Eliminates Acidic Waste	Used for Cleaning
Disinfect & Clean			Great -ORP Values	Highest -ORP Values
Hand Sanitiser Put in spray bottle, mist on Washing hands Wash, then rinse with this water to disinfect Clean cuts, scrapes & skin Spray on burns Soak feet to resolve fungal toenails & athlete's foot Great for softening skin Dab on cold sores, pimples & skin For bacteria & viruses Brush teeth Gargle for 1 minute to kill bacteria. Also provides safe bleaching of teeth. Rinse acid water off teeth with normal water when done with gargling Water acid loving plants Use 3 times during growing season for growth Cleaning foods Keep water running as you wash foods, to ensure continuous disinfection. Short time only. Can also spray on or soak for a short time. Disinfect utensils, dish cloths, towels, containers & sponges Use separate container when washing. Rinse & allow to dry thoroughly Washing metal objects Wash with acidic water, then rinse with tap water, allow tap water to clean out and drain Spray on counters/surfaces Disinfect bathrooms/kitchens Pet areas/toys/sporting equipment Use as an insecticidal Disinfect netti pots	 Washing dishes Come out sparkling clean Polishing Mirrors, eyeglasses, glass objects and knife sharpeners House cleaning Hardwood floors, ceramic tiles, no sticky residue Add to bath water Keeps tub free of scum rings. Bathing in this water warms the body and keeps skin beautiful Washing your face Astringent properties for toning & firming your skin. Pat or spray skin & leave to dry Use as a toner After shaving. Pour or spray on skin and hair after bathing. Spray on bruises Hair care Use as rinse & conditioner after shampooing. Reduces tangles & leaves sheen on hair Rinse cycle of your washing machine Soak in before spin cycle will soften your clothes Pet care Groom pet with is. Brush with acid water to obtain soft & shiny fur Cooking beans Speeds up cooking time Washing & preparing fruits & veggies with vibrant colour In batter for fried foods Will remain crispy, less oily Boil eggs No leaking if cracked, peel easily Frozen foods Spray with acidic water when freezing to maintain flavour Remove tannin stains from tea cups & cleaning burnt pots & pans Let soak in water for 24 hours 	For taking medication, whether prescription or over the counter Preparing baby formula Clean water has chlorine, rust, impurities & lead removed. Water will taste delicious and still have needed minerals	Drinking water Drink before and after meals Assists in balancing the effects of acidic foods, e.g. meat, eggs, sugars, sodas, white flour & rice Drinking water for pets & animals Less body odour, faeces & urine Add to soups, beans, rice, steam, stews, pasta, potatoes etc Draws out natural flavours Soak meats 10-15 mins to drain off blood & reduce strong smells Soak fruit & vegetables Cleans & revitalises Soak dried beans, seeds, nuts & grains Speeds up germination or cooking Water plants & flowers, sick plants or cut flowers in vase Use on alkaline loving plants For dyeing fabrics With coffee, tea, green tea Use less, plus enhance flavour With fruit juice concentrates or powders	Add 1 Tbsp to dressings to keep oil emulsified Soak dried beans, seeds, nuts, grains to speed up germination or cooking Beans stay whole and firm. Flatulence is reduced Soak meats 10-15 mins to drain of blood & reduce strong smells. Great tenderiser Soak fruits & vegetables Cleans deeper removing oil-based chemicals & revitalises Emulsify oils for making soaps & lotions Lowers boiling point Mix with essential oil as a refreshing linen spray Soak clothes with grease spots Use as laundry detergent General cleaning Cleans oil & grime from vents, kitchen floor, counters, dishes, cutting boards, knives Removes stains Coffee, soy sauce & oils Pets Bathe animals in 11.5, then rinse with 6.0 Beauty Water. Repels dust from horses Netti pots Use to clean sinuses Swelling/bruising Soak in 11.5 a few times a day for 20 mins. Air dry, spray with 6.0 Beauty Water. OR soak a towel in 11.5 and warp around swollen/bruised area for 20 mins. Air dry, spray with 6.0 Beauty Water



